



Flash Mobs: According to Wikipedia, A

**flash mob** (or **flashmob**) is a group of people who assemble suddenly in a public place, perform an unusual and sometimes seemingly pointless act for a brief time, then disperse, often for the purposes of entertainment, satire, artistic expression or—in some cases—violence. Flash mobs are organized via telecommunications, social media, or viral emails.

The first Flash Mob in May 2003 was organized by Bill Wasik. Wasik claimed that he created flash mobs as a social experiment designed to poke fun at hipsters and to highlight the cultural atmosphere of conformity and of wanting to be an insider or part of "the next big thing". (Wikipedia)

At first, Flash Mobs were of singing, dancing, snow ball fights, or karate demonstrations. You can see some Flash Mobs <http://mashable.com/2010/06/20/flash-mob-videos/>

Now, Flash Mobs are more nefarious and include, vandalizing, brawling, and looting (from department stores to 7-11's to art galleries). Some major cities that have experienced looting Flash Mobs include D.C., Dallas, Philadelphia, Chicago, Boston, South Orange, Brooklyn, and Germantown. Using social media, groups of younger adults (15 y/o to 25) converge on a store and take what they want without paying for it. The mobsters are in and out before police can get on location.

The New York Times reports: "But these so-called flash mobs have taken a more aggressive and raucous turn here as hundreds of teenagers have been converging downtown for a ritual that is part bullying, part running of the bulls: sprinting down the block, the teenagers sometimes pause to brawl with one another, assault pedestrians or vandalize property."

<http://www.nytimes.com/2010/03/25/us/25mobs.html>

The Wisconsin State Fair had a violent flash mob on August 4, 2011. You can view the story

and timeline.

<http://www.620wtmj.com/multimedia/videos/?bc tid=1095888412001>

In order to combat these events, police in some areas are enforcing a curfew as Greenville Police Department did after the huge mob fight consisting of over 1,000 teens at Falls Park. They are also looking into holding parents legally responsible. As a parent, it is important to know where your child is regardless of their age. The kids can either be the aggressors or the victims of such an event.

It is vital to know how to react if you were caught in the middle of one of these mobs or any attack. It is impossible to train for every negative event, but it is possible to know a few moves that will work in most events. Additionally, using visualization will help tremendously by offering you a few plans prior to experiencing any event. We study for tests, do fire drills, map out an unfamiliar route, so why not mentally and physically prepare for a violent encounter ~ especially when they are happening more frequently and in greater intensity.



## Quotable Quotes:

An ounce of prevention is worth a pound of cure.



## Upcoming Events :

**Friday, Oct 21st:** Women's Basic Class  
6:00 PM - 9:00 PM

**Saturday, Oct 22nd:** Women's Basic Class  
12:00 PM - 3:00 PM

**Saturday, Oct 22nd:** Release from Grabs & Holds  
3:30 PM - 5:00 PM

**Keep an eye on the [calendar](#) for other awesome classes, dates and times.**

\*\*\* Private **discounted** Group Classes are available for 12 or more Participants at your location or ours. ~Coordinator's fee is waived.